

California State University, Long Beach  
College of Health and Human Services  
Department of Kinesiology  
**SURFING**

TUESDAY KIN124A-01 (3325)

FRIDAY KIN124A-04 (9643)

- A. **Instructor's Name:** Pepi Poppler
- B. **Office Number:** KIN OFFICE
- C. **Email Address:** Philip.poppler@CSULB
- D. **Phone:** (714) 321 2021
- E. **Students are responsible for their own transportation and purchasing their own board, wetsuit & fins. (\$200-300)**
- F. **Class Meeting Times** 7:00-8:50
- G. **Class Locations:** BOLSA CHICA STATE BEACH, TOWER 21
- H. **Class Cancelation (poor weather) will be posted prior to class BeachBoard.**
- I. **Expected Outcomes**

Upon successful completion of the course, the student will be able to:

- A. Develop and/or improve performance in surfing (have FUN)
  - B. Develop an appreciation for surfing as an important recreational and lifelong sport
  - C. Develop awareness and concern for the marine environment
  - D. Improve the image of the "surfer"
  - E. Demonstrate knowledge of surfing safety and etiquette
  - F. Exercise to improve body strength and mental health
  - G. Develop an awareness of the surfing industry
  - H. Develop an understanding of the causes and effects of wind-generated waves and wave mechanics
  - I. Identify important individuals and events in the history of surfing
- J. **Required Text:** Course packet available on the KIN 124A Beachboard website.  
**Recommended Surfing Information:** Surf Science web site (videos/articles).  
**YouTube** - Return of the big marine predators to Calif. Waters - Dr. Lowe

## K. Types of Assignments

### WAIVER/LIABILITY FORM (FIRST CLASS ASSIGNMENT)

This form can be found in the CONTENT section of Beachboard. The student must download, complete the form and turn it into the instructor **prior to participation in activity portion of the class.**

### Weekly SwellWatch.com On line review

Go to the SwellWatch website and register (free) to review bi-weekly surf forecasts and conditions prior to class. (Some quizzes will be based SwellWatch information)

**Review Paper** of the documentary film *Waveriders* by Joel Conroy (2008). Identify three (3) main concepts that you learned from watching the film and express them in a two to three page paper. Use complete sentences and paragraphs when writing this assignment. It is to be submitted into the Beachboard Dropbox by the assigned date. We will attempt to view this film during class time at some point during the semester. If we cannot do so, it is the responsibility of the student to view it. There are several online resources which make this available at either no or very little cost. Optional Review Paper films - The Endless Summer, Bruce Brown (1966); Bustin' Down the Door, Jeremy Grosch (2008); Step Into Liquid, Dana Brown (2003), YouTube - Return of the big marine predators to California waters - Dr. Chris Lowe CSULB (2016).

### Quizzes

The quizzes will consist of true/false and multiple choice questions. Each quiz will be on Beachboard and must be taken during time period allotted for it. Once the time period has expired, **the student will not be allowed to take the quiz.**

**No make-up exams** will be permitted without prior arrangement with the instructor.

**Class Participation** - The student begins the semester with 30 points for participation. Every absence after the second will result in a 2 point deduction. You must sign in each day to receive credit. Please email me if you cannot make class.

If you cannot participate for medical reasons, you **MUST provide a doctors note to verify the problem within 48 hours of the missed class. Failure to do so will result in the student not receiving credit for the missed class(s).**

### Final Paper

This will be worth 10 points. Instructions will be given during the last scheduled class (along with due date).

Any assignment that is late will receive a full grade deduction for every 24-hour period that it is late. Only doctors' notes and death certificates will be honored

**L. Basis for Assigning the Course Grade**

Wavier Release Form	(10%)	10 pts.
Waveriders Review	(10%)	10 pts.
Movie Review	(10%)	10 pts.
Quizzes (3)	(30%)	30 pts.
Participation	(30%)	30 pts.
Final Paper	(10%)	10 pts.
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Total points		100 pts

90-100 = A

80-89 = B

70-79 = C

60-69 = D

0-59 = F

**M. Instructor's Interpretation of the University's Withdrawal Policy as it will be applied to this particular course**

It is the student's responsibility to withdraw from classes. Instructors have no obligation to withdraw students who do not attend courses, and may choose not to do so.

The deadline to withdraw from a class without a "W" for the current semester can be found in the current schedule of classes.

Withdrawal from a course after that date requires the signature of the instructor and the department chair, and is permissible only for serious and compelling reasons. [Severe or extensive medical problems would be a reason to drop after that date, but fear of receiving a final grade lower than desired, or change in one's work schedule are not considered a serious and compelling reasons.] A "W" will appear on the student's transcript.

DURING THE FINAL THREE WEEKS OF INSTRUCTION, WITHDRAWALS ARE NOT PERMITTED EXCEPT IN CASES SUCH AS ACCIDENT OR SERIOUS ILLNESS WHERE THE CIRCUMSTANCES CAUSING THE WITHDRAWAL ARE CLEARLY BEYOND THE STUDENT'S CONTROL. THE CAUSE MUST BE DOCUMENTED. ORDINARILY, WITHDRAWALS IN THIS CATEGORY INVOLVE TOTAL WITHDRAWAL FROM THE UNIVERSITY. YOU WILL NEED THE APPROVAL OF THE COLLEGE DEAN AS WELL AS THAT OF THE CLASS INSTRUCTOR AND THE DEPARTMENT CHAIRPERSON FOR EACH CLASS YOU DROP.

**N. Attendance Procedures.**

Please read the CSULB attendance policy carefully. It can be found at <http://www.csulb.edu/~senate/Policies/01-01.html>

**ATTENDANCE IS VERY STRONGLY RECOMMENDED.** Experience has shown that good grades are strongly correlated with attendance, practice and participation. **A word to the wise....**

- Due Dates. Check the class schedule carefully for assignment dates.
- Graded work, which is done as an in-class activity, will be expected to be turned in at the end of that class.
- Graded assignments that will be used as the basis of class discussion are due on the day of the class discussion.
- Exams will occur **on the date listed unless** (1) I change the date or (2) we change the date together.

**O. How assignments can be completed in the event of a student's excused absence.**

This course will include some graded in-class activities that will not be possible to recreate. If you expect to have an extended absence or multiple absences, you should speak to me about the feasibility of keeping up with the course work.

If you miss graded assignments other than the in-class activities because you are absent and the absence falls under the conditions for an excused absence, I will work with you to help you make up the work through comparable, but alternative assignments. Be prepared to show documentation.

**P. It is the student's responsibility to notify the instructor in advance of their need for accommodation of a disability that has been verified by the University**

Students with disabilities who need reasonable modifications, special assistance or accommodations in this course should promptly direct their request to the course instructor. The Disabled Student service is available in Brotman Hall (562) 985-5401.

**Q. KIN Electronic Device Policy:**

Students are expected to turn off or silence any electronic devices that have the potential to disrupt the class, its members, or the instructor. Electronic devices such as cell phones, beepers, IPODS, Palm Pilots, PDA's and similar devices that disrupt the class or the instructor can be held by the instructor until the class period has ended.

**R. Cheating and Plagiarism Policy**

Written work that you hand in is assumed original unless your source material is documented appropriately. Using the ideas or words of another person, even a peer, or a web site, as if it were your own, is plagiarism. Cheating and plagiarism are serious academic offenses. Students should read the section on cheating and plagiarism in the CSULB catalog.

Furthermore, students should be aware that faculty members have a range of academic actions available to them in cases of cheating and plagiarism from arranging a conference, to failing a student on that particular work, to failing a student in a course, to referring the case to judicial affairs.

**S. Any other essential information**

**Course Materials:**

Students must supply their own equipment, which may include:

- Parking pass to Bolsa Chica State Beach (\$40. Fee due at 2<sup>nd</sup> Class Meeting)
- Surfboard, Body Board or SUP
- Fins, Leash (paddle if necessary)
- Wetsuit and booties if desired
- Surfboard Wax

\*My cell is (714) 321 2021

**Philip (Pepi) Poppler**